

Music Activities for Friday

On the Move

Freeze Dance Painting

Use the beat to create a masterpiece...with your feet!

Materials:

- Large piece of paper or cardboard, or a large clear sidewalk area that can be painted
- Non-toxic paint
- Two Sponges
- String
- Hot Glue
- Music

Instructions:

1. Hot glue two pieces of string to opposite sides of each sponge. (or cut the string long enough to wrap around the sponge and your child's foot and tie)
2. Tie the sponges to each of your child's feet.
3. Place paint on a plate or flat surface.
4. Have your child carefully step into the paint and start the music.
5. Encourage your toddler to safely dance around and paint a picture until the music stops. Repeat the process for as long as you'd like!

Adventures Online

Toca Band

Allow your child to listen to different instruments and sounds of a band. If you like you can download the interactive Toca Band app.

https://www.youtube.com/watch?v=iteQjZ4Oj_8&t=143s

Sensory Time

Keeping the Beat

Dance to the beat of your own drumming.

Materials:

For the Drums:

- empty boxes, plastic containers, wooden, metal or glass bowls, etc.

For drumsticks:

- Twigs, popsicle sticks, whisk, metal and/or wooden spoons, etc.

Instructions:

1. Turn "drums" upside down and allow your child to discover rhythm, tempos and volume by banging on them with different objects as "drumsticks".

Play music and show your child how to keep the beat. Talk about which drums make a louder sound, which ones make a quieter sound.

Story Time

A New Friend

Pete the Cat meets a new friend and welcomes him. His new friend finds his own unique beat.

Read Aloud:

<http://www.petthecatbooks.com/songs/?videoid=559>

Arts and Creativity

Mood Music

Explore the feeling of music by playing music while your child draws.

Materials:

- Large paper or cardboard
- Crayons, markers or watercolor paint and brushes
- Tape

Instructions:

1. Tape large pieces of paper to a table or the floor.
2. Give your child a crayon, marker, or paintbrush and watercolors.
3. Play a distinctive type of music, such as jazz, opera, or country. Ask your child to “draw” the music. Ask them, how does this music make you feel? Is it happy music? Does it make you feel sad?
4. Watch what the music inspires in your child's drawing.
5. Repeat with different music. Notice the colors your child chooses as you talk about the drawings. Don't be surprised if your toddler starts dancing as they draw!